

## Sienna X Spray Tan

Used on Strictly Come Dancing and How To Look Good Naked, Sienna X is a spray tan applied in less than 20 minutes. The tan dries quickly and is then left for up to 8 hours to develop. After showering you are left with a natural looking tan.

Full body spray tan £27.50

Discount for 3 or more people, please ask for details.

## Manual Lymphatic Drainage

MLD is a light massage using gentle pressure including pumping actions to help drain congested lymphatic fluid and remove toxins from the body. A powerful immune boost and extremely beneficial for restful sleep, deep relaxation, acne, cellulite and many other conditions. It is an established treatment for lymphoedema.

Full body (1 ¼ hours) £49.00  
(initial treatment 1 ½ hours)

Look good,  
feel great ...



BEAUTY & COMPLEMENTARY THERAPIES

## Appointments

are flexible, usual hours are:

Monday - Friday  
8.30am - 7.30pm

24 hours notice is required for cancellation. If this is not given and the appointment cannot be reallocated a charge will be made.

## Gift Vouchers

Gift vouchers for all treatments are available and make the perfect present for friends and family for any occasion.

## Getting Married?

Then please contact me for details of my Wedding Packages.



BEAUTY & COMPLEMENTARY THERAPIES

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## Body Sugaring

The safe and gentle way to remove unwanted hair.

Half Leg - including toes and knees	£18.50
Full Leg - toes to top of thighs	£31.50
Bikini Line - top of thighs and stomach	£12.50
Arms and Fingers	£16.50
Underarms	£12.50
Face - top lip, chin, cheeks or neck	from £11.00
Eyebrows	£10.00

Please avoid using moisturisers 2 days before treatment.

## Threading

The ideal way to get perfectly shaped eyebrows that enhance your face.

Eyebrows	£14.00
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## Beauty Treatments

Eyelash Tint	£16.00
Eyebrow Tint	£11.00
Eyelash and Eyebrow Tint together	£23.00
Eyelash Lift, Perm and Tint (45 minutes)	£47.50

Please ask for a patch test before treatment.

## Indian Head Massage

This 45 minute treatment is especially beneficial for increasing energy, reducing headaches/migraines and insomnia, clarity of thought and general well being.

45 Minute Treatment	£40.00
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## Nails

However embarrassing you think your nails are, something can always be done to improve them. These nail extensions are so good you don't even have to wear nail enamel.

Tips/extensions - full set fibreglass	£62.00
Single tips - each nail	£9.00
Maintenance	from £31.00

## Natural Nails

Manicure	£26.00
Shape and Enamel	£16.00
Luxury Pedicure	£40.50
Pedicure	£27.00

## Shellac

Manicure	£25.50
French Manicure	£28.00
Manicure Plus	£38.00
French Manicure Plus	£40.50
Pedicure	£28.00
Pedicure Plus	£43.00
French Pedicure	£31.00
French Pedicure Plus	£46.00

## Shellac Parties

Why not gather a group of friends or colleagues for a Shellac party? Minimum of 4 people.

Please call for details.

## Facials

BASIC - Suitable for all skin types. Includes cleanse, mask, tone, moisturise and eye treatment.

Approximately 20 minutes	£29.00
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AROMA - Stress relieving facial including massage and aromatherapy oils, ideal for the stressed, busy woman.

Approximately 45 minutes	£40.50
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THERMAL CLAY - Improves circulation leaving the skin smooth and supple while reducing facial lines and eye puffiness.

Approximately 1 hour	£40.50
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## Aromatherapy

Stress is the major cause of dis-ease in the body. Using a bespoke blend of essential oils, you will benefit from a relaxing massage to help relieve stress and ease symptoms.

Full Body (1 hour - Initial treatment 1¼ hours)	£45.00
Back, shoulders, neck and head (½ hour)	£28.50
Legs and feet (½ hour)	£28.50

## Pranic Healing

Pranic Healing is a simple but effective system of no touch energy healing. It is proven to be successful in treating a wide range of conditions and illnesses, and an immediate improvement is often experienced as a course of treatment starts.

Initial Consultation	£48.50
Half hour treatment	£38.00



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[www.lindseypage.co.uk](http://www.lindseypage.co.uk)